



Fitness Against Doping Survey

August 2011

The European Health and Fitness Association (EHFA) is leading some research and develop preventative strategies to counter doping practices in fitness facilities. The is very important because the European Commission says that doping remains an important threat to sport and the use of doping substances by amateur athletes poses serious public health hazards and calls for preventive action, including in fitness centres.

The European fitness sector is accused of having no controls to prevent the "widespread" use of doping. This is why EHFA is taking responsible action to research the prevalence of doping within the sector and protect consumers against harmful substances. The survey work being coordinated by EHFA will establish the prevalence of doping in the European fitness industry and the results will provide the evidence base for potential future targeted interventions.

As someone who works in the fitness industry – or is a customer and user of fitness centres - you are invited to complete this important lifestyle survey. It is entirely confidential and available in 9 languages – just click on a link below.

	Consumer	Exercise Professional	Manager/Owner
 Български			
 Dansk			
 Français			
 Deutsch			
 Magyar			
 Nederlands			
 Język Polski			
 Português			
 English			

